






**SAFETY FIRST
AND FOREMOST**

December 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	AIM HIGH IN STEERING	GET THE BIG PICTURE	KEEP YOUR EYES MOVING	LEAVE YOURSELF AN OUT	1 MAKE SURE THEY SEE YOU	2 
3 ALWAYS USE 3- POINT CONTACT WHEN GETTING IN/OUT OF YOUR TRUCK	4 WATCH FOR ICE ON GRAB HANDLES AND STEPS	5 USE FOOTWEAR WITH GOOD TRACTION SOLES	6 DON'T FALL DOWN ON THE JOB WATCH YOUR STEP!!!	7 BE CAREFUL WHEN WORKING ON FLATBED TRAILERS, THEY ARE SLIPPERY.	8 WATCH OUT FOR SLIPPERY SURFACES	9 
10 BEWARE OF THE <u>SIX ADVERSE</u> CONDITIONS, LIGHT, WEATHER, ROADS, TRAFFIC, AND DRIVER	11 START YOUR VEHICLE SLOWLY TO AVOID WHEEL SPIN	12 CHANGE SPEEDS GRADUALLY TO MAINTAIN MAXIMUM TRACTION!	13 SLOW DOWN BEFORE RAMPS & CURVES TO MAINTAIN CONTROL !	14 ADJUST FOR ICE, SNOW, AND WET CONDITIONS!	15 MAINTAIN 15 SECONDS EYE LEAD TIME TO IDENTIFY AND TO ADJUST TO CHANGING ROAD CONDITIONS!	16 INCREASE FOLLOWING DISTANCES IN SNOW OR RAINY CONDITIONS!
17 DRAIN YOUR AIR TANKS DAILY	18 GREASE YOUR FIFTH WHEEL EVERY 5TH DAY	19 HAVE A SAFE TRIP BY DOING A <u>GOOD</u> PRE-TRIP INSPECTION	20 BRIDGES FREEZE BEFORE ROADWAYS	21 BEWARE OF CROSSWINDS WHEN EMPTY	22 SLOW DOWN THE NEXT MILE IS THE MOST DANGEROUS!!!	23 HOURS OF SERVICE IS THE LAW!!!
24/31 	25  MERRY CHRISTMAS	26 VERIFY YOUR LOGS ARE CURRENT!!!	27 BE ABLE TO ACCESS YOUR PREVIOUS 7 DAYS LOGS	28 BE SURE TO LOG; ACCIDENTS & ROADSIDE INSP	29 LOG FLASIFICATION IS ILLEGAL	30 